

# CERTIFICATE OF PARTICIPATION

This is to certify that

**nick els**

Has successfully participated & completed the  
**5km Cowhouse Spring Trail Run 2017**  
held at Cowhouse Market.

**TIME 01:13:15**

**PACE 14:39/km**  
**OVERALL 51 of 53**

**GENDER 21 of 23**  
**OPEN 4 of 4**

28 October 2017, Sat

Date



*BoutTime*

Signature

